

Valerie B. Ackerman

President of USA Basketball; Former President of WNBA

Dear Success Seeker...

I believe the keys to having a successful and happy life are: don't be afraid to try new things and take chances; try to find a line of work that you're passionate about, because when you're enthusiastic about what you do, you'll probably excel at it; and be sure to have balance in your life: make time for family, friends, vacations, exercise, and personal activities, and "recharge your batteries" on a regular basis. Remember that relationships are important. If you treat other people with kindness and respect, they'll more likely treat you that way in return. Never forget that life is a journey, and the best part of the experience is in the ride itself, not the destination. So enjoy it!

Best of luck,
Valerie B. Ackerman